The primary goal of education is to stretch the mind, to increase each person's ability to keep on learning on one's own. This goal requires that educators understand theories of the nature and development of human abilities. They need to adopt a conceptual framework that explains the development of the important tools of learning and thinking and recognizes the propensity of all humans to acquire such tools. It also requires that teachers acquire a technology for the application of such theory in the classroom, integrate these practices in the school curriculum, and assess their effectiveness.

This course will make use of the Feuerstein/Vygotsky theoretical model of Mediated Learning (Feuerstein's elaborate cognitive map and his empirically supported program, known as Feuerstein's Instrumental Enrichment) to learn important principles of metacognition as an essential mental tool for becoming an effective problem-solver. Included in the course are techniques and principles relating to: self-awareness, reflection, strategic planning, mental mapping, and inner dialogue.

II. Objectives:

During the course students will:
A. Become acquainted with theories of human cognitive development.
B. Become familiar with research on human cognitive development.
C. Be able to plan for classroom use of samples of the teaching materials or "instruments" of FIE, which will include student strategies for acquiring and applying the strategies of: organization, orientation, comparison, analysis, synthesis, creating precise instructions, time relationships, hierarchies, and logic.
D. Be able to apply the transfer mechanism.
E. Be able to identify, analyze, and evaluate cognitive processes.
F. Be able to analyze tasks according to the cognitive processes they require, according to the Cognitive Map and how it relates to metacognition.
G. Demonstrate the verbal behaviors needed to encourage students'
metacognitive behavior.
H. Become aware of one's own mental processes and how that awareness can lead to becoming a more effective problem-solver.
I. Construct and peer-teach model lessons which foster metacognition.

III. Content Outline

A. The theory of Structural Cognitive Modifiability and survey of the research on human cognitive modifiability and metacognition.

Three characteristics of human structural cognitive modifiability will be discussed from both theoretical (Gestalt and constructivist) research and applied points of view. Those include:
- Permanence - endurance across time and space
- Persuasiveness - part affects whole and vice-versa
- Centrality - self-perpetuating, self-regulating

B. Cognitive Developmental and Learning Models

Socio-cultural theories (Vygotsky, Feuerstein) will be compared with the Piagetian model and the behavioral models of cognitive development. The implications for classroom teaching and metacognition will be discussed.

C. The Multidimensional and Multifaceted Nature of Cognition

Five classification models of intellective abilities will be reviewed. Those include Thurstone, Guilford, Gardner, Steinberg, and Feuerstein. The discussion will include the theoretical, empirical, and applied aspects of these models.

D. Feuerstein's Analysis of Cognitive Functions (emphasis will include functions at the input, elaboration, and output phases).

Cognitive functions concerning the quality and quantity of data gathered by an individual in an attempt to solve problems that will be analyzed. These include: perceptual problems, impulsivity, impaired spatial and temporal orientation, lack of need for precision, deficient organization, and more.

E. Analysis and Hands-on Experience with samples of the Instruments of the Instrumental Enrichment program, including the purpose of metacognition.

F. Develop and practice techniques for the remediation of learners who have challenges with particular cognitive strategies.

G. Develop and practice techniques of metacognition and analyze its place in the problem-solving process.
IV. Evaluation

This course is an intensive, practical graduate course for professional Development.

The following standards apply to all assignments and participation in this course: Participation in classroom discussions and exercises should demonstrate the acquisition of the course content.

The required papers should demonstrate a high level of integration and reflection.

V. Assignments

Students will be responsible for the following assignments:

1. Read, summarize, critique, and present to the rest of the class a review of one of the books or three of the articles listed in the bibliography. Present the summary orally on Monday, July 11, with written outline to instructor.

2. Prepare a lesson plan which utilizes one of the instruments explained in this course, including topic, objective, activities, materials, adaptations for special-needs learners, and assessment techniques; teach the lesson to the rest of the class; after feedback, include the lesson as part of a professional portfolio. The lesson will include techniques of inducing metacognitive behavior in students, and will be presented to the group on Wednesday, July 13.

3. Write a short paper (3 pages double-spaced, plus references) on the application of Feuerstein theory to the classroom in the context of analysis of a videotape of classroom episodes using Instrumental Enrichment; make reference to the 3 different phases of the Feuerstein Cognitive Functions List. Due: Tuesday, July 5.

4. Write one long paper, 9-10 pages double-spaced, plus references) on the integration of all 4-5 of the instruments explicated in this course in relation to the subject matter for which you are responsible in the classroom where you teach. Outline of paper due Monday, July 11. Submit paper by Friday, July 15. (Note: This paper will also incorporate reflections kept during the course and will meet the expectation in the program that all students will maintain a Reflective Practice and Metacognitive Portfolio throughout their experiences in the program as a whole.)

BIBLIOGRAPHY
Books


Journal Articles


Course Schedule:

Session 1
Overview of the need for critical thinking and cognitive development Review of
the theories of cognitive development, with emphasis on Piaget, Vygotsky, and
Bruner; key concepts of metacognition
Distribution of materials

Session 2
The theory and characteristics of mediated learned experience; the purposes and
techniques of metacognition in the classroom The history of cognitive mediation
in cultural contexts Strategy 1-projecting virtual relationships and being organized
READ: Feuerstein, chapters 1 and 2

Session 3
Criteria for selection of a thinking-strategies program for the
classroom
The Cognitive Map, with emphasis on phases of cognitive functions
Strategy 2-orientation in personal and geographic space
READ: Feuerstein, chapters 3, 4, 5.

Session 4
Planning a cognitive-education learning episode
Integration of cognitive strategies into the regular subject matter of the
curriculum; the place of metacognition in an instructional sequence for problem-
solving
Strategy 3-comparison Developing model lessons and teaching them

Session 5
Sharing of First Short Papers
Due: Short Paper about Videotape
Strategies 4 and 5—Analysis and Creating
Instructions
READ: Feuerstein, Chapter 6, and pp. 211-265

Session 6
Strategy 6-Understanding Absurdity
Developing and sharing model lesson plans

Session 7
Strategy 7—Categorization and its pre-requisites
Metacognition and its place in categorization
Temporal Relations and Progressions
Applications to all subject matter of the curriculum
READ: Feuerstein, Chapter 7

Session 8
Strategy 10—Understanding Hierarchical Relationships
Review of all strategies used thus far
Discussion of handouts on metacognition

Session 9
Strategies 11 and 12: application of Logic
Developing and sharing model lessons
READ: Feuerstein, pp. 265-322
DUE: Oral Summary of separate book/articles read, with written outline to instructor
DUE: Outline of Final Paper

Session 10
Strategy 13-Synthesis
Understanding how this strategy incorporates all others
World-wide research studies on cognitive mediation and metacognition
READ: Feuerstein, Chapter 9

Session 11
The role of teacher education; how teaching changes as a result of cognitive mediation and metacognition
Assessment of student progress in acquisition of cognitive strategies and metacognition
READ: Chapters 10 and 11
DUE: Lesson Plans and their presentations

Session 12
Overview of cognitive education and the place of metacognition
READ: Chapter 12
Sharing of Final Papers
Course evaluation
DUE on July 15—Final Paper