



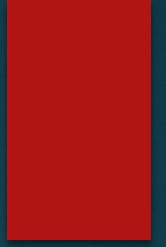
Remote Outreach Practice: an Alcoholics Anonymous 12-Step Women's Meeting

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Monhegan Island



Audience Participation: please identify and list 3 notions you may have on Alcoholics Anonymous



AA Principles with Reflections

- ◆ Attraction versus Promotion
- ◆ Sharing Experience, Strength and Hope
- ◆ Emotional Inquiry/Exploration (Surrender)
- ◆ HOW (Honesty/Openness/Willingness)
- ◆ Synchronicity
- ◆ Dialogue, never Debate
- ◆ Progress not Perfection

Audience Thoughts:

- ◆ Do you think your notions (of AA) listed before this presentation were on target ?
Would you alter them at all now after presentation?
- ◆ Would you be able, in good conscience, to recommend AA to someone?
- ◆ Would you know how to help someone get to AA for help if they had a desire to stop drinking/drugging?

Tool for Remote Outreach Alcoholics Anonymous (AA) Meeting

- ◆ Develop AA agenda based on need of key participant(s) (in remote area) with a dedicated time. Utilize AA principles, traditions.
- ◆ Ask for participants (from remote AA and outreaching AAs) for their weekly commitment to time for meeting. It is ideal if at least **one outreaching AA** knows the remote member to facilitate meeting and introductions.
- ◆ Decide on technology venue such as Skype or Zoom conferencing.
- ◆ AA member who knows remote member makes introductions the first meeting, asking an outreaching member to share experience, strength and hope. Turn taking. Set agenda for following week and decide on opening/closing prayers, 7th tradition donation, and business meeting to be all decided by group conscience.

Alcoholics Anonymous Contact Information

- ◆ <https://www.aa.org>