

My Journey from Rote to Reason — Bridging Two Education Systems (The Resolute Student)

694 Synthesis

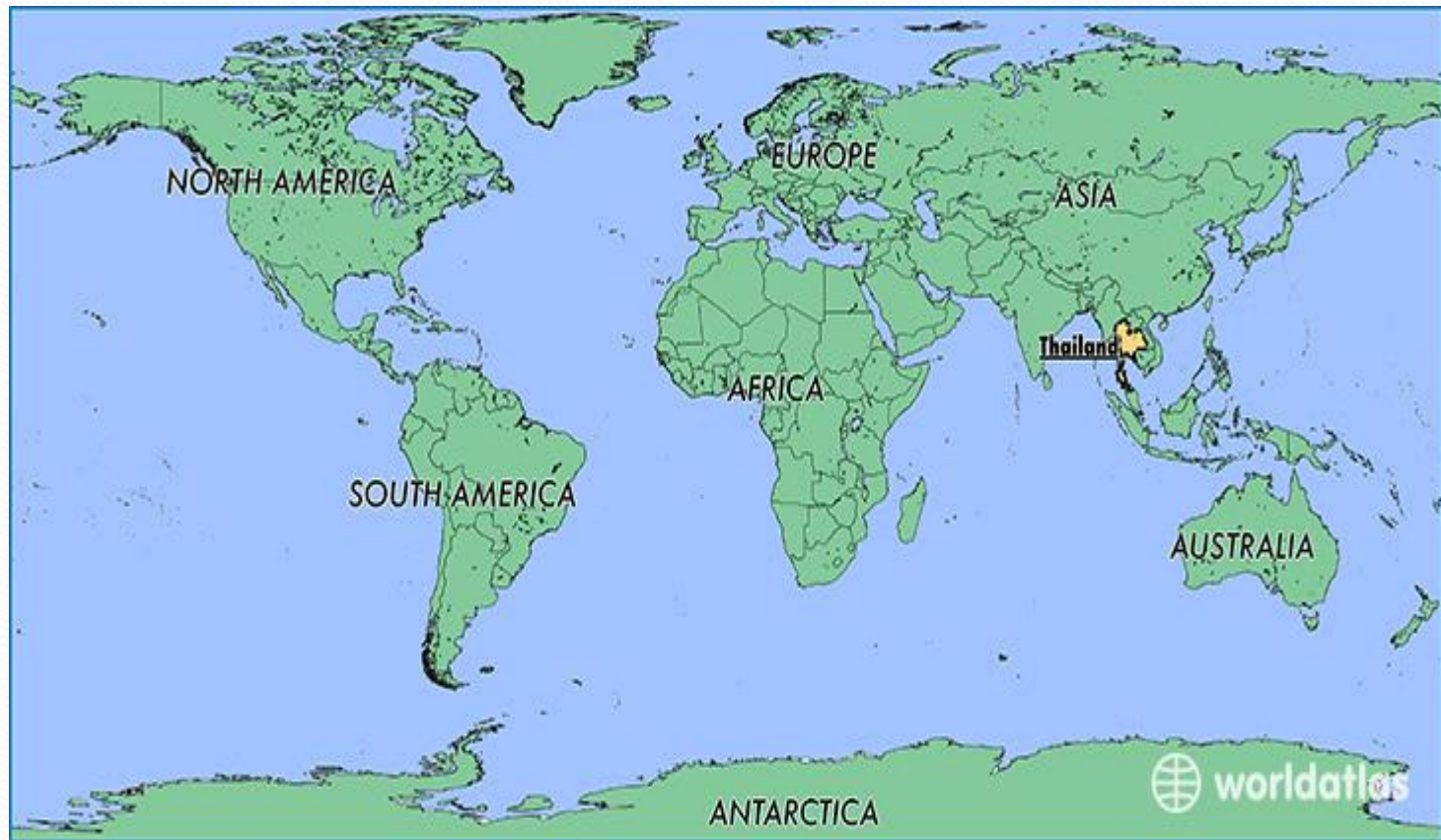
Spring 2017
Wipa Khampook

Chapter One

The First Steps of My Learning Journey

- Who I am and where I came from
- Play
- Learning to read
- Discipline and chores
- Wanting to be the same as everyone else
- What I was like in school

Thailand



The House I Grew Up In



Play



Play and Work



Food from Nature



Role Play



Edible Plants



More Edibles From the Land



Wild Fruits



Learning to Read

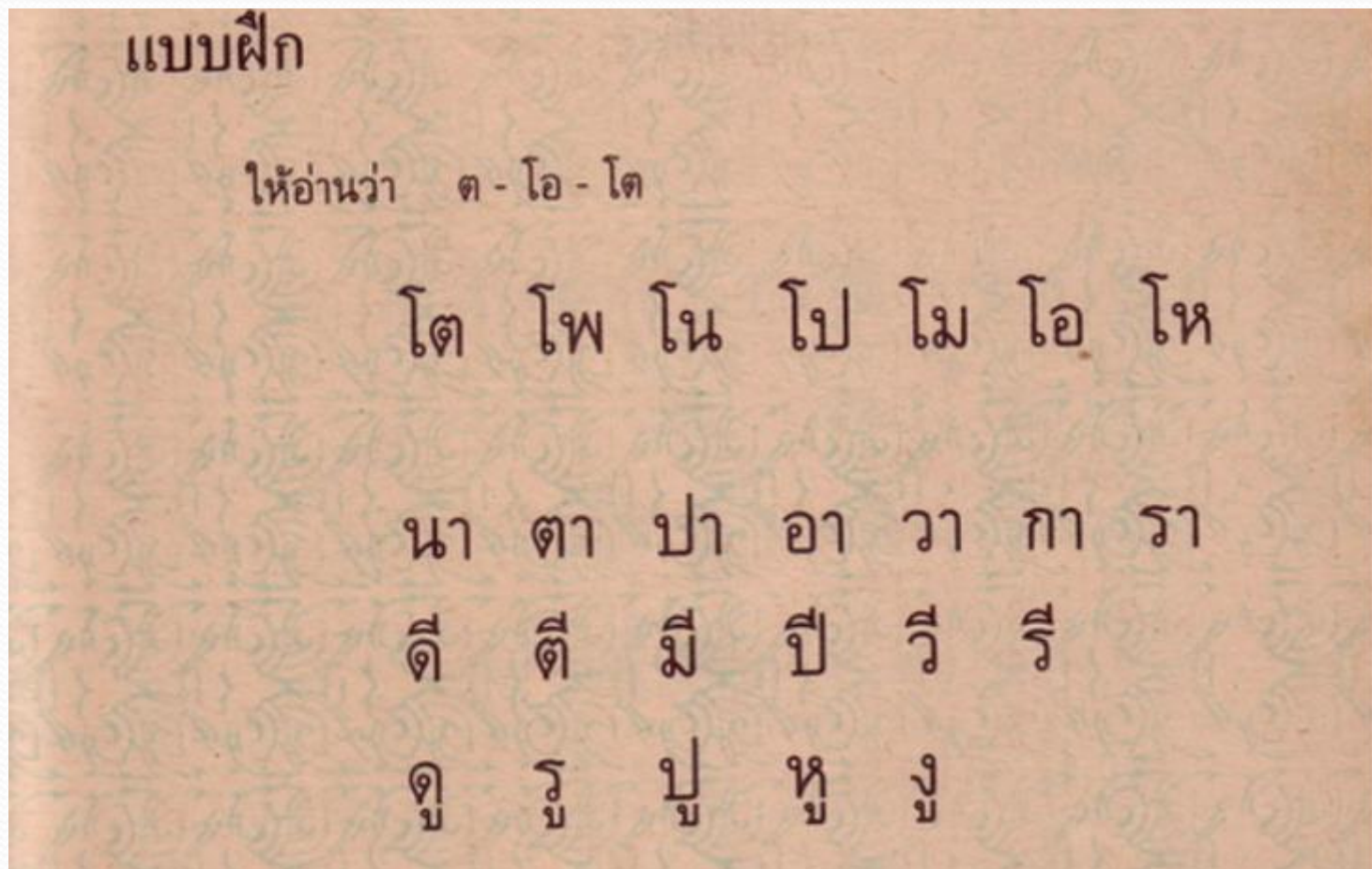
- My cousin
- My father
- A tube of toothpaste



The Thai Letters



Practicing Reading Thai



Discipline and Chores

Mother



Wanting to be Like Everyone Else



What I was like in school

(Preschool to Ninth Grade)

- My first day was fine
- Playing too much
- Waking up
- Wanting to be number one
- Observing and learning from others



Chapter Two

All About the Grades

High School

- Family
 - Working and money
 - Preparing for the entrance exam
-
- How I learned during my three years in high school
 - Nothing but the grades



College

- How I got into college
- How I managed my money
- My learning development
- The library was my second home



Club



Looking Back at My Mistakes in High School and College

- It was all about me and my grades
- I didn't have a strategy



- I pushed myself too hard
- I did not treat myself well (gym, hospital)
- Finding a turning point — my senior year

Chapter Three: Unlocking the Power of Mindfulness

- Having more free time
- Thinking too much
- Loneliness
- Emotions
- Dhamma Website, Forums
- Mindfulness

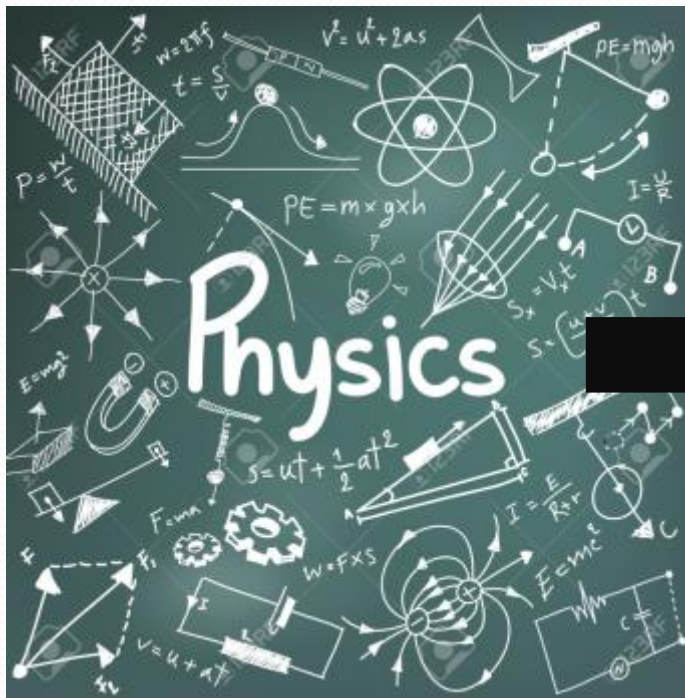


Chapter Four: Being an Outsider

- My first time outside my home country
- Aupair
- Becoming an ESL Student
- Test of English as a Foreign Language (TOEFL)
- Starting to strategize
- Not giving up

College

- Bad grades in college
- Find a way to prove myself
- George Mason and Johns Hopkins
- Joining NOVA
- Working hard (plans and strategies)



What did I learn?

- Self-discipline
- Believing I could
- Planning and strategy can help

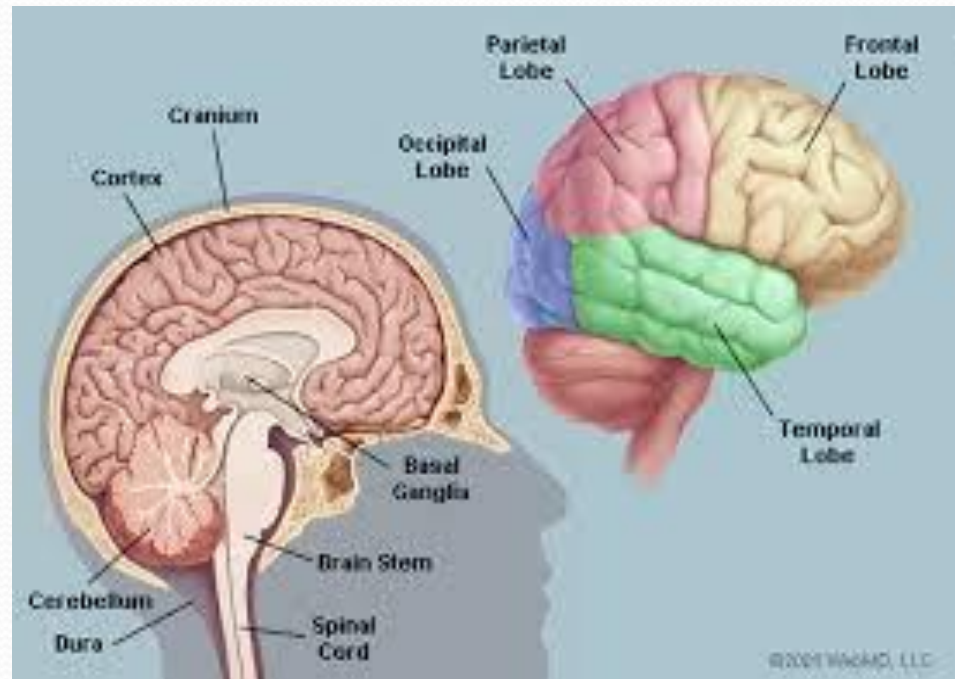


Chapter Five : The Pursuit of Reason

- Advanced Psychology
- Creative Thinking
- Critical Thinking
- Metacognition

Advanced Psychology

- Brain functions
- Memory (chunking, grouping)
- Problem solving
- Experts, novices



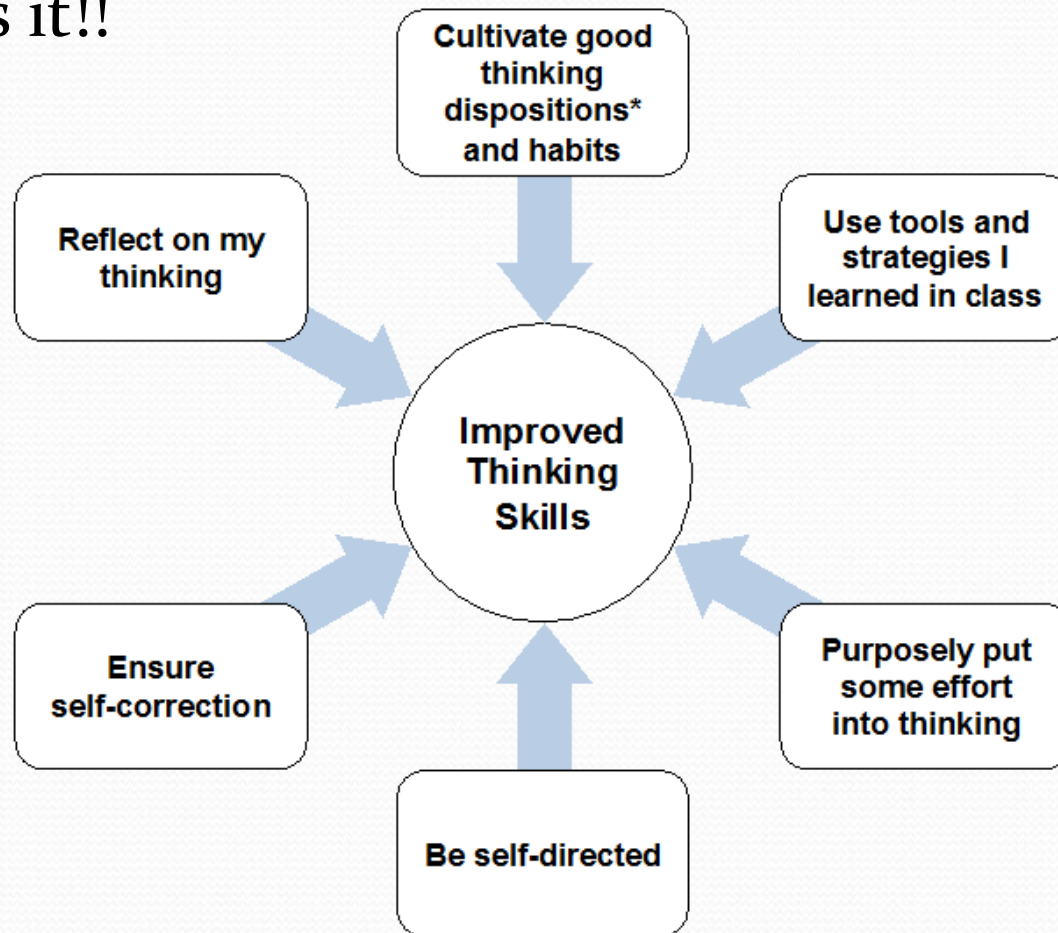
Creative Thinking

- Can be taught
- Seeing my creative side
- Enjoying being creative
- Enjoying being unique



Critical Thinking

- This is it!!



Metacognition

- Thinking about one's own thinking
- Before thinking
- During thinking
- After thinking



Chapter Six Assessing Progress So Far

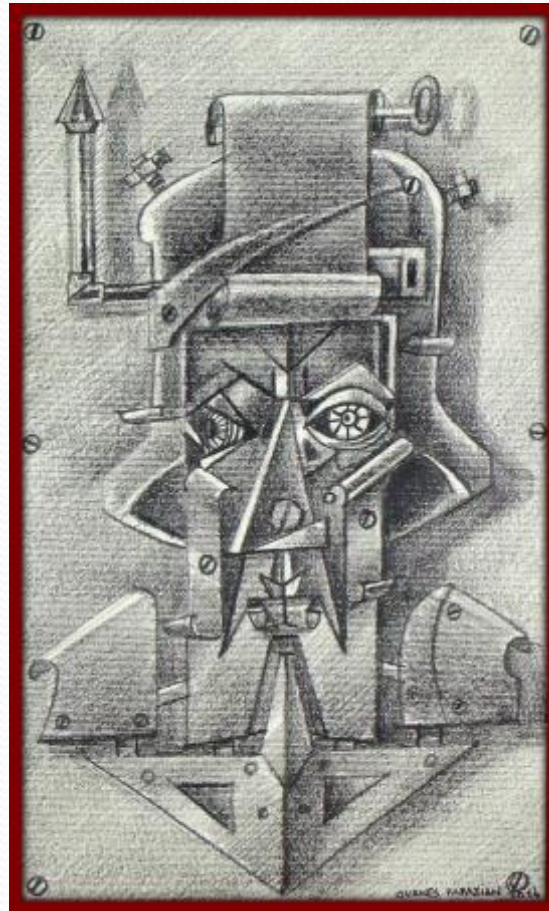
My Learning Development Before I Joined the CCT Program

1. Self-discipline
2. Bravery
3. Being a determined person who does not give up easily
4. Loving to learn and develop myself
5. Independence
6. Optimism

Mistakes Along the Way

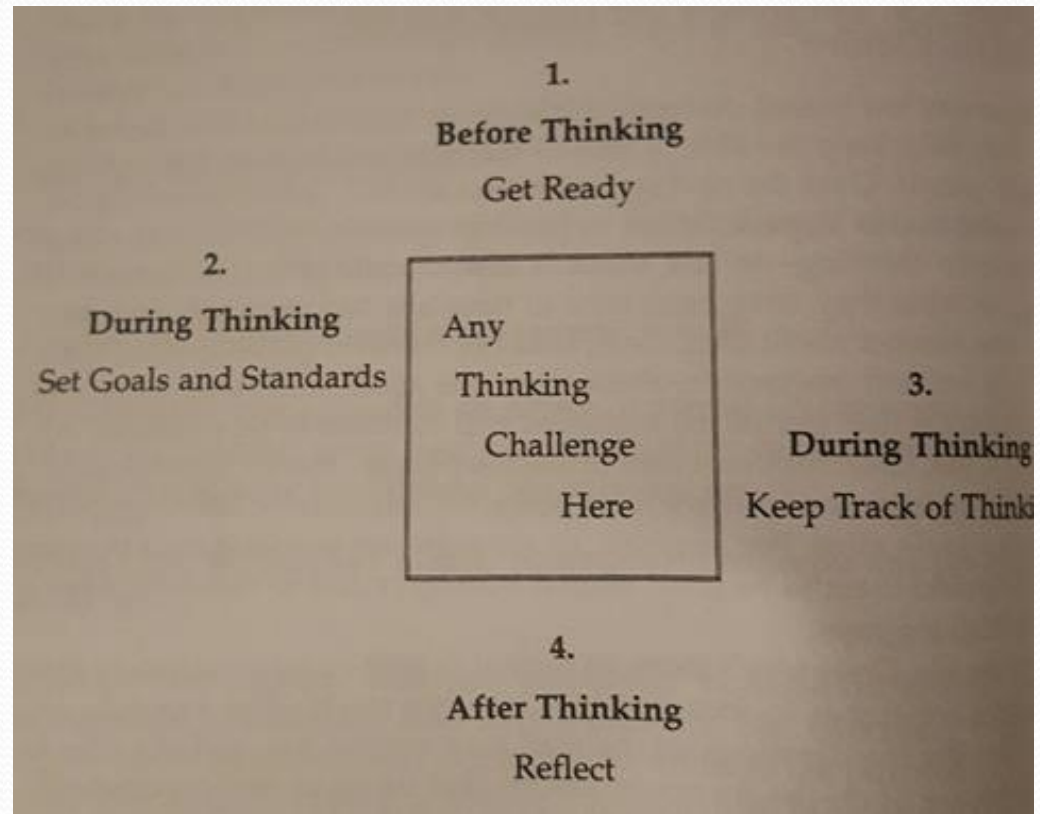


After I Joined the CCT Program



Chapter Seven: Challenging Myself

- Developing my thinking
- Strategies and Plan



Credit: *The Thinking Classroom*, Tishman 2010

Chapter Eight : Evaluating My Synthesis Project

- Time management
- My development
- My two teachers
- The CCT program
- Planning well
- Improvement in the future

