

SELF-LEADERSHIP

Exploring the foundations of leadership to develop and apply the strategies needed for self-efficacy, in the journey of learning to lead oneself before leading others.

*LIFELONG
LEARNIGN AS
THE
MOTIVATIONAL
FORCE*

LIFELONG LEARNING:

“The ongoing, voluntary, and self-motivated pursuit of knowledge.”

Retrieved from: <https://www.trainingzone.co.uk/deliver/training/how-to-build-a-sustainable-learning-strategy>

KNOWLEDGE

Information that it is used for understanding or doing something, acquired through the mental process of learning, which may occur as a result of different processes, such as *observation, reasoning, experience, and education, among others.*

INFORMATION LITERACY

“To be information literate, a person must be able to **recognize when** information is needed and **have the ability to locate, evaluate, and use effectively** the needed information.”

-Presidential Committee on Information Literacy: Final Report (1989). Retrieved from: <http://www.ala.org/acrl/publications/whitepapers/presidential>



The Journey of Self-leadership

Retrieved from: https://www.google.com/search?q=THE+ROADS+OF+LEADERSHIP&sxsrf=ALeKk00OE_MSBgLT-dGSoKb_R8swQUD3mQ:1588609300999&source=lnms&tbm=isch&sa=X&ved=2ahUKEwiIx8nozprpAhVRds0KHSWnDWwQ_AUoAnoECAsQBA&biw=1280&bih=562

SELF-LEADERSHIP STRATEGIES



1. BEHAVIOR FOCUSED: Intended to increase an individual's self-awareness to facilitate behavioral management



2. NATURAL REWARD: Intended to create situations in which a person motivated or rewarded by inherently enjoyable aspects of the task or activity



3. CONSTRUCTIVE THOUGHT PATTERNS: Intended to facilitate the formation of habitual ways of thinking that can positively impact performance.

