

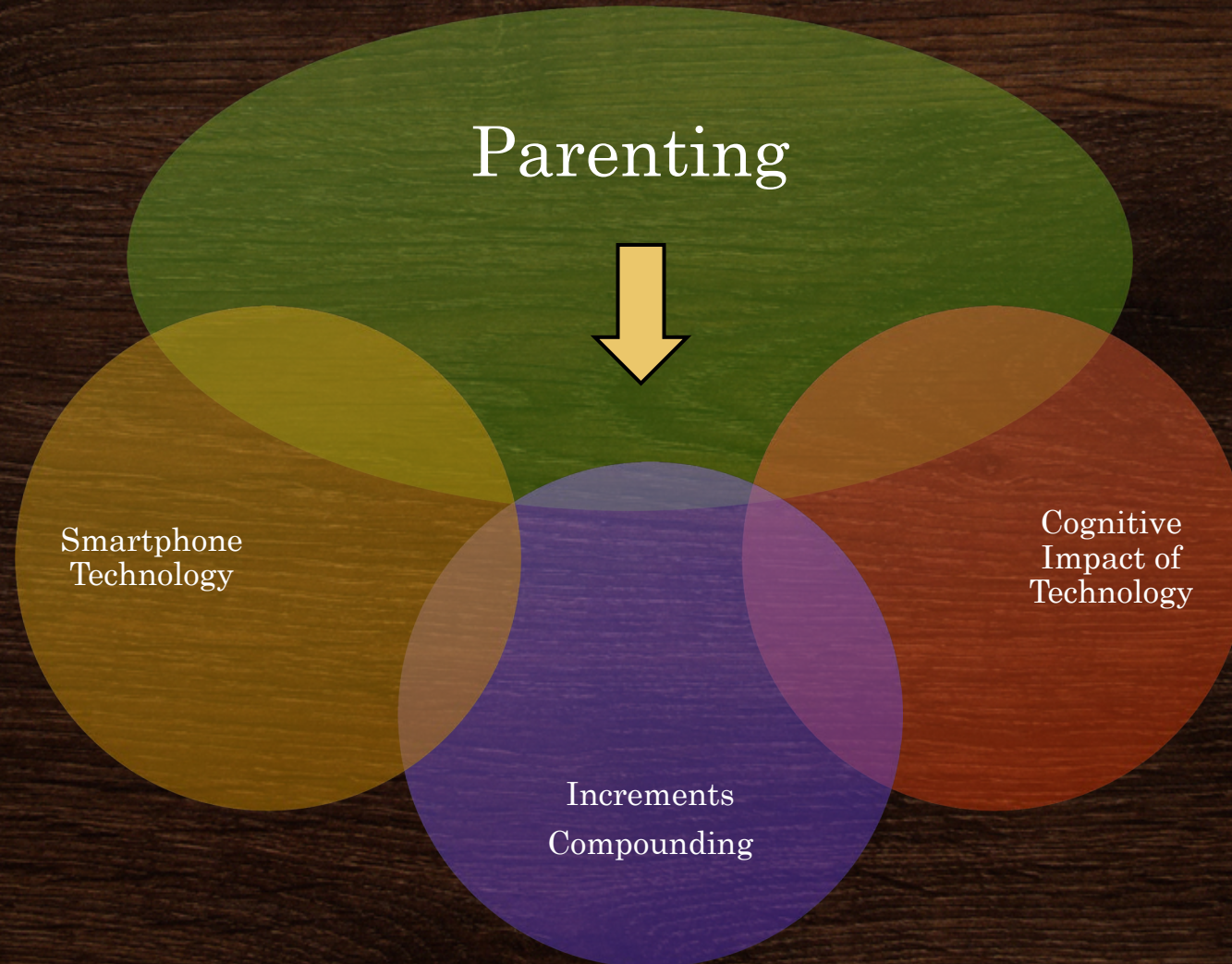


# Action Today for Tomorrow

INQUIRY INTO HOW A YEARLY VIDEO CLIP  
COMPILATION CAN IMPACT A FAMILY

Phil MacDonald

# How Did I Get Here?



# Parenting



# Past to Present Ubiquity and Opportunity

```
attachEvent("onreadystatechange",H),e.attachE  
boolean Number String Function Array Date RegE:  
_={};function F(e){var t=_[e]={};return b.ea  
t[1])===!1&&e.stopOnFalse){r=!1;break}n=!1,u&  
?o=u.length:r&&(s=t,c(r))}return this},remove  
nction(){return u=[],this},disable:function()  
re:function(){return p.fireWith(this,argument  
ending",r={state:function(){return n},always:  
romise)?e.promise().done(n.resolve).fail(n.re  
id(function(){n=s},t[1^e][2].disable,t[2][2].  
=0,n=h.call(arguments),r=n.length,i=1!==r||e&  
(r),l=Array(r);r>t;t++)n[t]&&b.isFunction(n[t  
/><table></table><a href='/a'>a</a><input typ  
/TagName("input")[0],r.style.cssText="top:1px  
test(r.getAttribute("style")),hrefNormalized:
```

Smartphone  
Technology

vs.

Smartphone  
Technology



# Cognitive Impact



# Compounding



# The Outcome



*One Second Everyday*

[WWW.1SECONDEVERYDAY.COM](http://WWW.1SECONDEVERYDAY.COM)

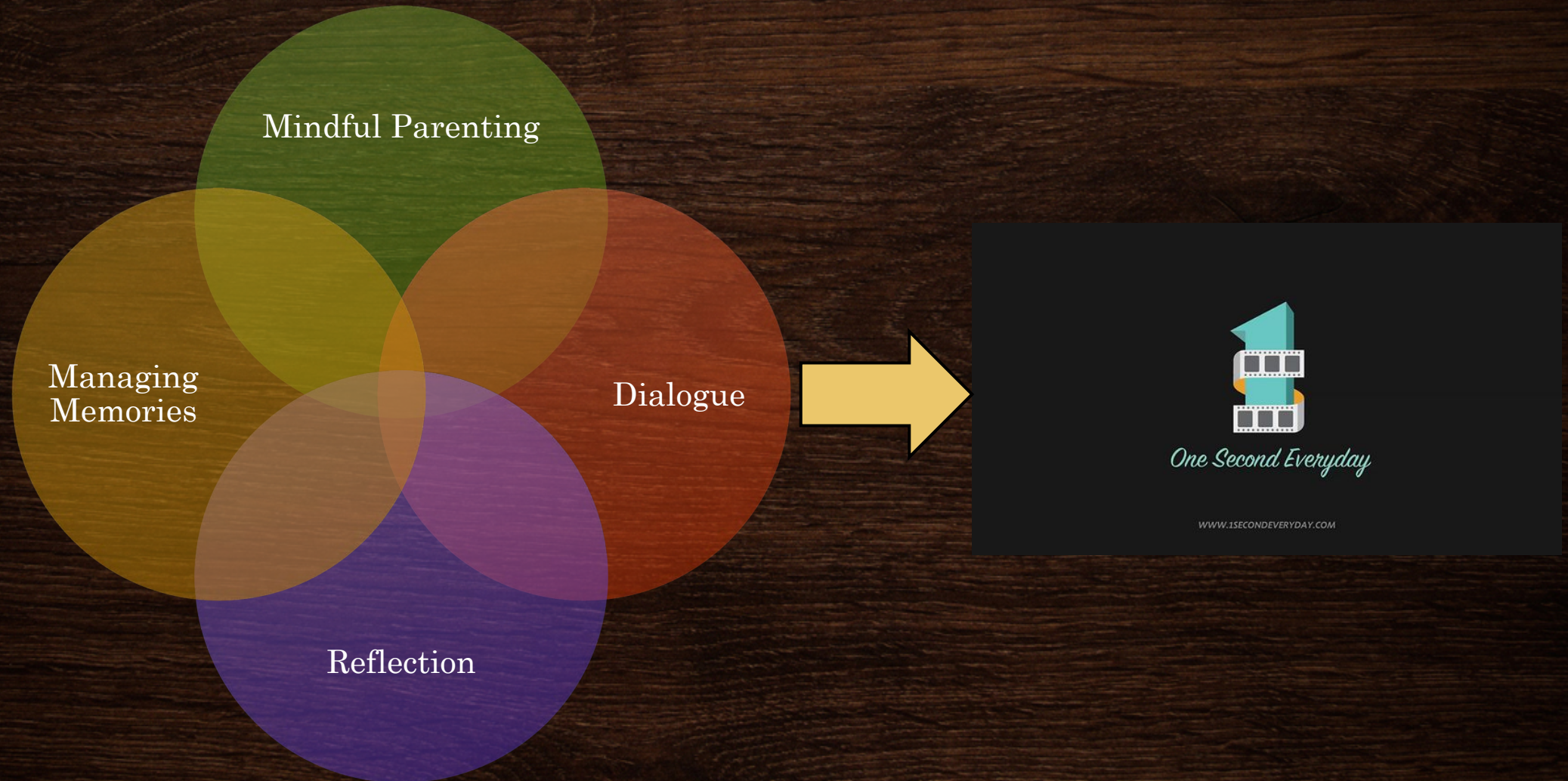


Video Clip...

# Accepting Ambiguity and Intuition



# Where Are We Headed?

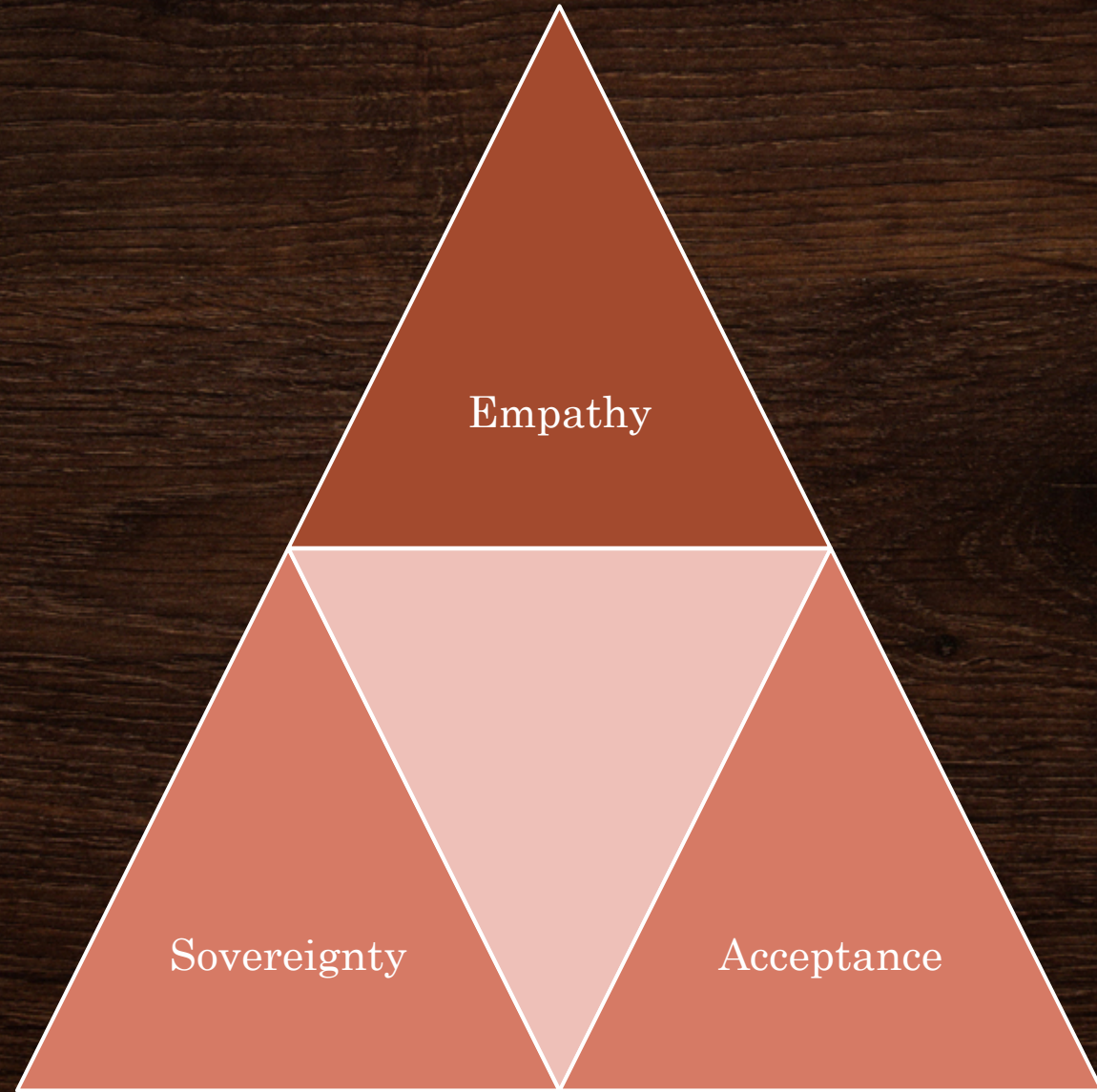


# Mindful Parenting

Jon and Myla Kabat Zinn







Empathy

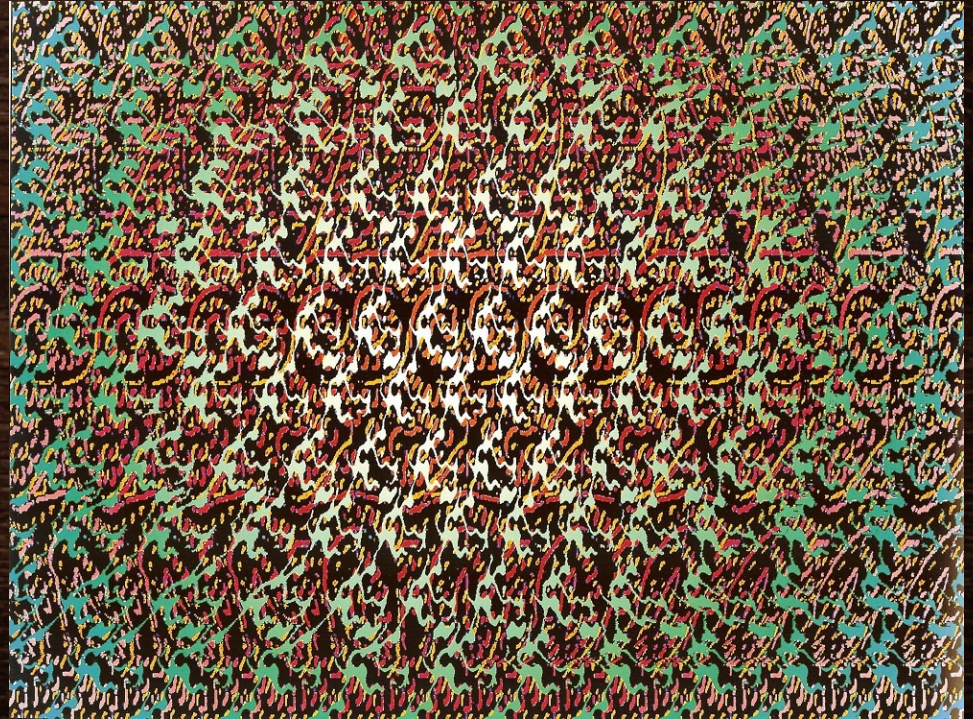
Sovereignty

Acceptance

Empathy



Sovereignty





Acceptance



# Actively Managing Memories



Instability



# Accuracy and Separation



# Memory /Attention



Composition  
Then  
Attention



# Enjoying Mundane



Repository  
to Tell a  
Story  
(cues)





# Family Narrative

Attachment Parenting  
Maté and Neufeld



# Dialogue

Bohm and Issacs

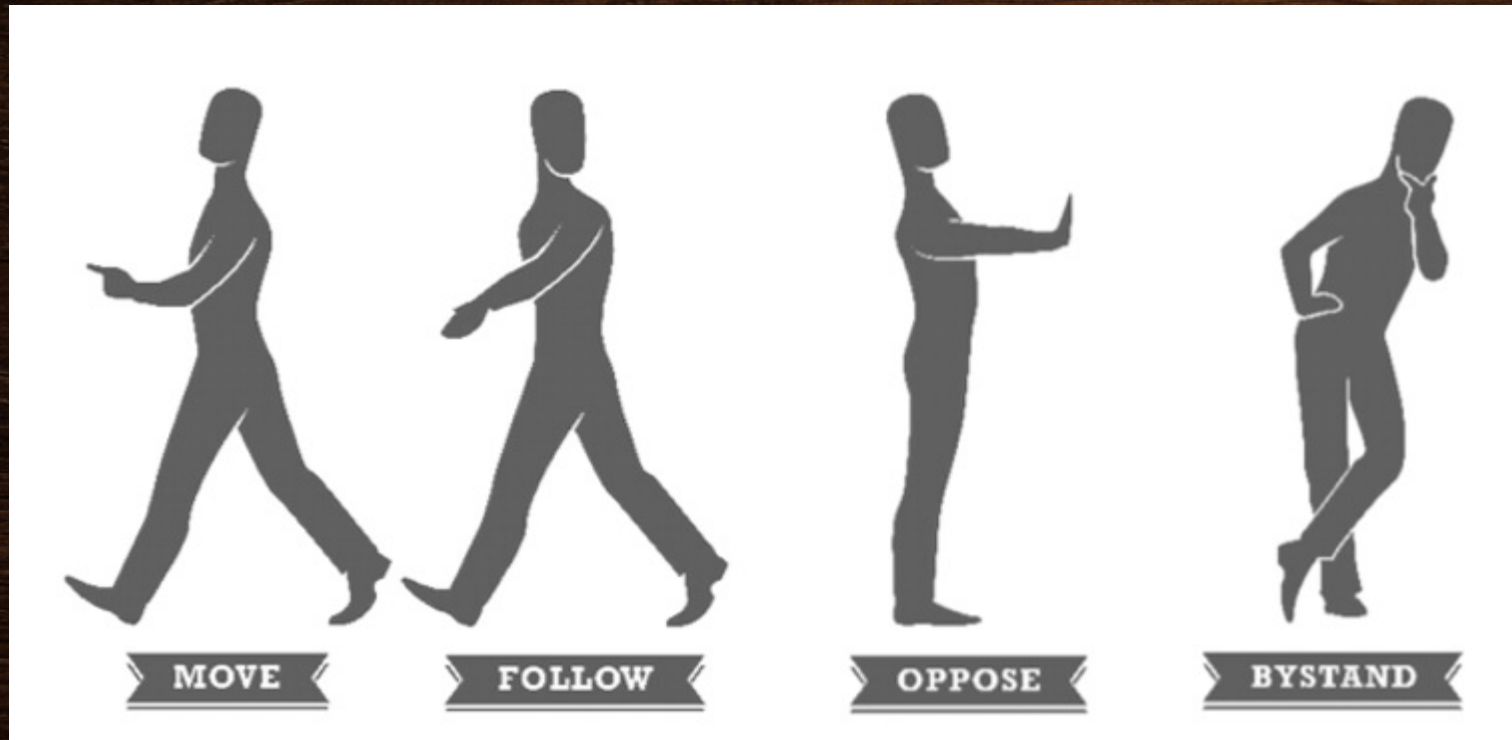


# Dialogical Leadership

William Isaacs



# Four Player Model - David Kantor



# Chris Argyris and Donald Schön



# Reflection



# Pattern Recognition





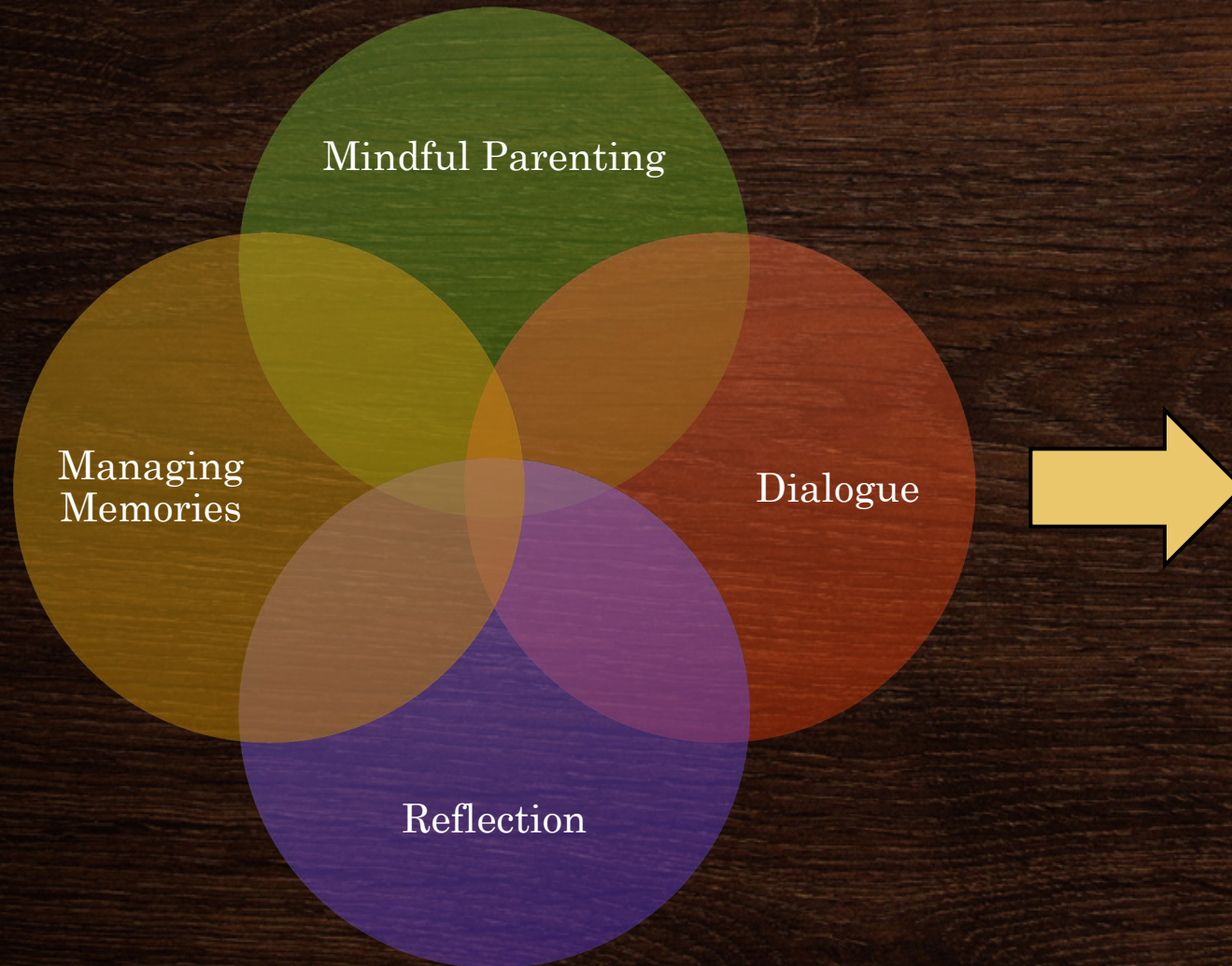


# Next Steps

- Importance of Forgetting
- Intuition
- Cycles and Epicycles
- Broader Approach
  - Benefits vs. Risks
- Effect on Being Observed
  - Generational Differences

Live it

# Where We Have Been







Shadiq



BEGIN.

