

Enhancing Attunement in Family Support Programming:

Using the FAN Approach to provide a framework for
reflective practice

CRCRTH688: Reflective Practice

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Overview

- Context: Family Support Programs
- Approach: Facilitating Attuned Interaction
- Integration:
 - Level of integration: Individual and System Wide
 - Reflective Process and next steps
- Discussion
- Questions and Feedback

Context

- Statewide, universal, evidence based family support program
- Comprehensive training structure and reflective supervision to support paraprofessional workforce
- Strengths based, relational approach to working with families

Challenges

- Staying present
- Managing emotional reactions
- Avoiding emotionally triggering situations
- Responding in a manner that is directive, rather than reflective

Approach

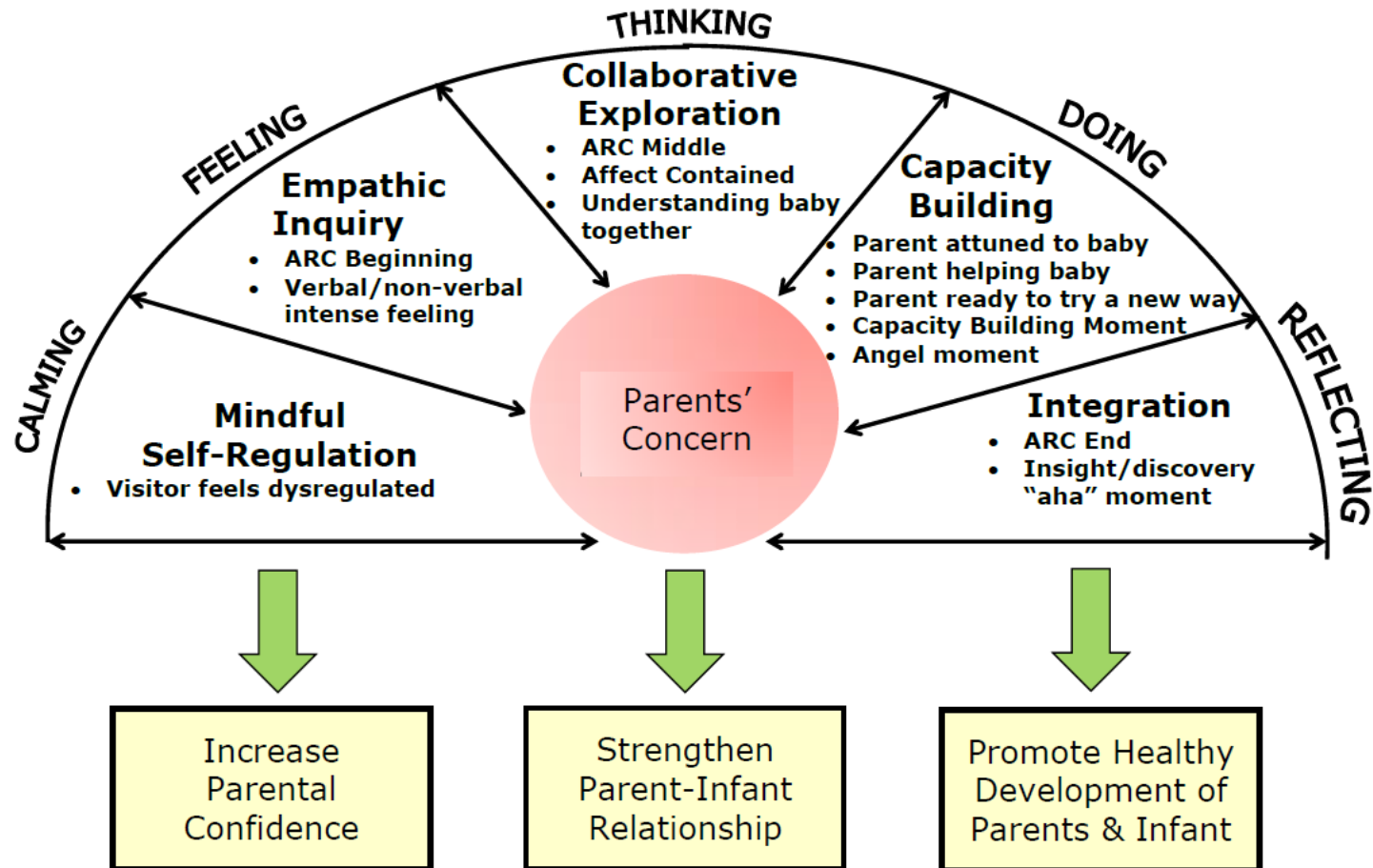
- Facilitating Attuned INteraction (FAN):
 - Developed by Linda Gilkerson at Erikson Institute
 - Model for attunement
 - Framework for reflective practice
 - Application in family support sessions and in reflective supervision
 - Focuses on parallel process

Facilitating Attuned INteraction (FAN)

- Mindful Self-Regulation
- Empathetic Inquiry
- Collaborative Exploration
- Capacity Building
- Integration

Fussy Baby Network® FAN

Facilitating Attuned Interactions



Integration

- Level of integration:
 - Individual:
 - Direct Supervision
 - Peer Support and Reflection
 - System Wide
- Reflective Process and next steps

Application

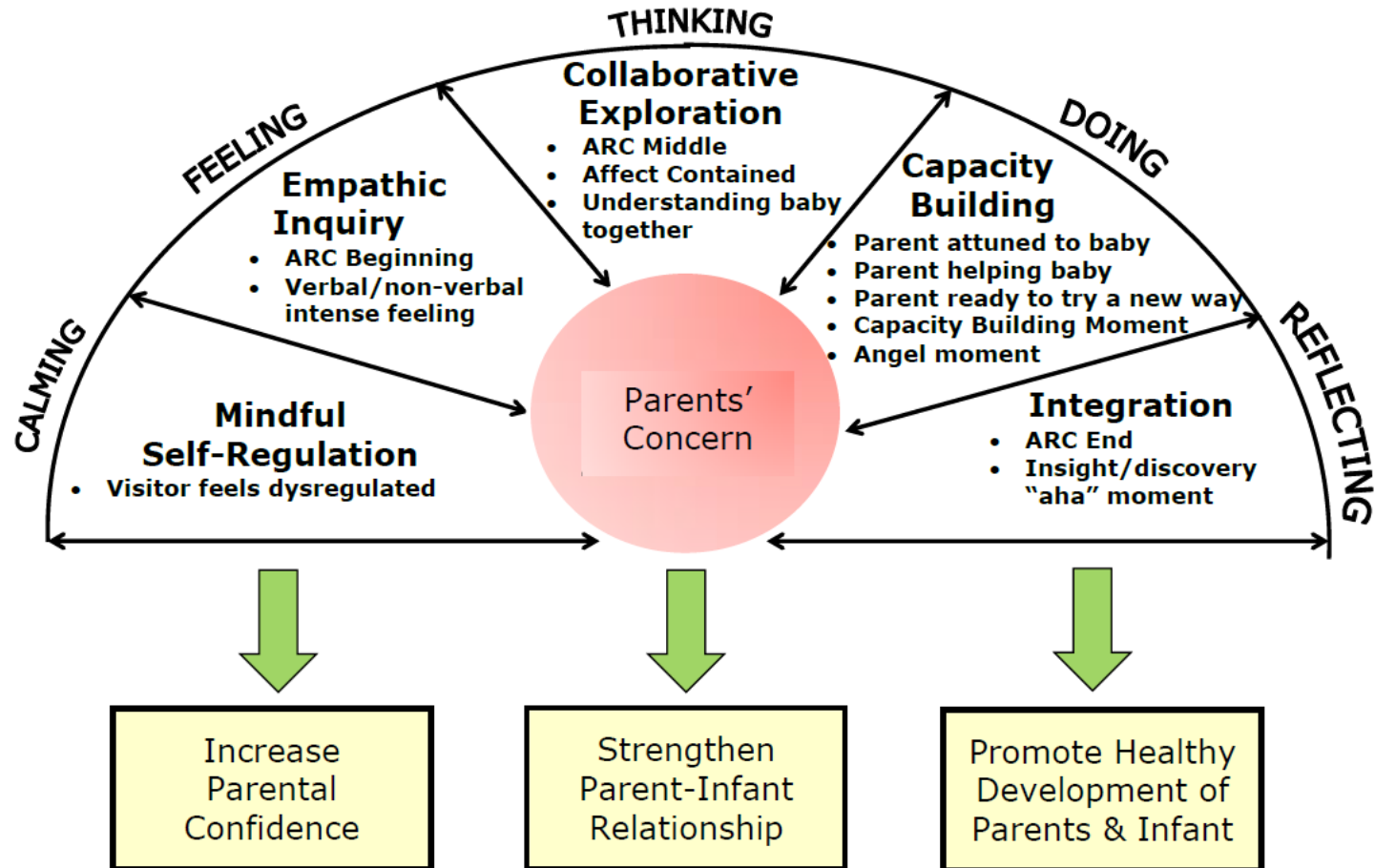
- A parent is concerned about how his daughter scored on a developmental screen. The father shares his concerns with during a family support session. The worker says, “Don’t worry about it. She’ll be fine. Here are some activities you can do with her.”

Focus on Feelings

- How is the father feeling in this situation?
- How is the family support worker feeling in this situation?

Fussy Baby Network® FAN

Facilitating Attuned Interactions



Conclusions and Next Steps

- Discussion
- Questions and Comments
- Next Steps

Thank you for your time and feedback