

Exit Self-Assessment  
By Srijula Yongstar

A. I can convey who I want to influence/affect concerning what (Subject, Audience, Purpose).

Activities for my final product were complex problems. I had spent much time to create the realistic plan. When I focused the direction to the target, which is people from 25-35 years old, and realized how to encourage them to think about their thinking, I moved further to the practical destinations. I have learned that, for me in the beginning, a smaller goal was much manageable. It was similar to the way of nourishing the mediation.

B. I know what others have done before, either in the form of writing or actions, that informs and connects with my project, and I know what others are doing now.

It is amazing when I knew that there are a groups of people in Thailand pay their interests in human creativity. My project then is the combination between western scholars and eastern practitioners. I am collecting the books of Mihalyi Csikszentmihalyi, Peter Senge and many. I subscribed *Psychology Today* to catch up the advance in the psychological field.

C. I have teased out my vision, so as to expand my view of issues associated with the project, exposed possible new directions, clarify/scope within the larger set of issues, and decide the most important direction.

Although this project took many years to finish, it solidified my way of thinking. I spent my time on "The Passbook for Happiness" as my diary for a month. The activity helped me to define what I mean by "happiness." It was fun to see myself interpret the happiness. When applied to the radio program, the activity will need some adjustment on the proper time duration. Also I have to think further about a group of people to share the meaning of Passbook of Happiness on the radio.

D. I have identified the premises and propositions that my project depend on, and can state counter-proposition. I have taken stock of the thinking and research I need to do to counter those counter-propositions or to revise my own project.

I have to practice more how to look intensively at the huge theories on creativity. After focusing on individual creativity, the works of Csikszentmihalyi take me to a new road, learning to see the connection between the self and surroundings. Cultural factors are so important that I can't leave behind. Practicing with Mind Mapping and Free Writing can expand my thoughts, I believe.

E. I have clear objectives with respect to the product, both written and practice, and process, including personal development as a reflective practitioner. I have arranged my work in a sequence (with realistic deadlines) to realize these objectives.

Along the process, it was challenging for me to meet the deadline. I see the process as a big giant leap and valuable lesson. Time spending on my project was not enough to move my thinking to the clear objectives and goals. Working as a full-time employee along with the status of graduate student was quite horrible. When I almost pictured the better visions for the project, I was back to the starting point again and again.

F. I have gained direct information, models, and experiences not readily available from other sources.

The project gave me unique and meaningful experiences. Scholar works on applying CCT to the radio production was only a boarding pass. The rest of the journey, I myself had to discover it.

On my drive from home to an office, I worked with one of my activities “Kor Plien” (Can I change?), observing things around as a problem finder. It was hard in the first place. I usually stuck with life situations rather than the simulation of new problems. In other words, I could not run away from the old box to other values. The peak moment came one day. The need to change a remote control into other forms! Circle, square, or? I found that the process took times. The direct experience will be useful for the further adaptation of proposed products.

G. I have gained clarified overall progression or argument underlying my research and the written report.

After completing the project, I gained ways to present my thinking on CCT and radio programming in a way that makes much more sense. I have to encourage listeners and make them believe that individuals’ creativity has many levels. Creativity can be seen as the power within that yields from practice and devotion.

H. My writing and other products grab the attention of readers/audiences, orient them, move them along the steps, so they appreciate the position I’ve led them to.

I viewed the readers as listeners so I could feel comfortable to express ideas. It was helpful to think so. Writing with my own style; relax and intimate, helped me get through the process. If compared the project to other scholar works, my writing skills need to be improved.

I. I have facilitated new avenues of classroom, workplace, and public participation.

Positively, the project expands the possibility of radio programs and its support to creativity. While other media, in particularly computer, leave the question about the negative affect on human thinking, radio is still a good old friend for people both in the big and developing countries.

J. To feed into my future learning and other work, I have taken stock of that has been working well and what needs changing.

I have learned more about how to discern and organize ideas and information. Knowledge yielding from CCT class, such as Philosophy, Practicum, and Evaluation, has developed ways of my thinking. Unfortunately, I lack the continuity in developing my CCT skills and not becoming a practitioner yet.