

(W)holistic Sustainable Studio/Life Experience

Basic Training

Ok, I'm an artist... now what?

THREE Responsibilities of Artists

1. Personal

To stay healthy in body, mind and spirit – and to make art.

2. Environmental

To keep oneself and environment in as good a condition as possible – to not subject oneself or others to harm or demise by one's own irresponsibility.

3. Community

To keep our messages heard, our minds open and contribute to those on whom ultimately we must rely for support through community involvement