

## (W)holistic Sustainable Studio/Life Experience

# Basic Training

## Ok, I'm an artist... now what?

## THREE Responsibilities of Artists

#### 1. Personal

To stay healthy in body, mind and spirit – and to make art.

#### 2. Environmental

To keep oneself and environment in as good a condition as possible – to not subject oneself or others to harm or demise by one's own irresponsibility.

### 3. Community

To keep our messages heard, our minds open and contribute to those on whom ultimately we must rely for support through community involvement